

# Minutes

## FREMONT SENIOR CITIZENS COMMISSION

### REGULAR MEETING

Friday, October 16, 2015

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

#### 1. CALL TO ORDER

Commissioner Churchill, Chair, called the meeting to order at 9:30 am.

#### 2. ROLL CALL

**Present:** Commissioners Churchill, Helton, Hobbs, Vidya, Desai, Rhodes-Jones, Miller, Mirchandani, Narasimhan, Yamasaki, Walsh

**Absent:** Kathy Kimberlin

**Excused:**

#### 3. SALUTE TO THE FLAG

Commissioner Hobbs led the salute to the flag

#### 4. APPROVAL OF MINUTES of the Regular Meeting of September 18, 2015

- Commissioner Yamasaki moved that the minutes from the September 18, 2015 meeting be accepted as presented.
- Commissioner Mirchandani seconded the motion.

**Yays** – Commissioners Churchill, Helton, Vidy, Rhodes-Jones, Miller, Mirchandani, Narasimhan, Yamasaki Walsh

**Nays** – None

**Abstain** – Commissioners Desai & Hobbs

#### 5. ORAL COMMUNICATIONS

- Commissioner Churchill introduced new Commissioner Miller.
- Commissioner Miller introduced himself and shared some of his background and why he chose to be a Senior Citizens Commissioner.

- The other commissioners and staff introduced themselves to Commissioner Miller.

## **6. WRITTEN COMMUNICATIONS**

- Senior Citizens Commission Contact – Confidential -- NONE
- Senior Citizens Commission Roster -- NONE
- Updated Action Areas as of September 18, 2015 -- NONE

## **7. OLD BUSINESS**

### **7.1 Action Areas** – Commissioner Churchill, Chair

- Commissioner Churchill appointed the following commissioners to the specified committee to fill vacancies on each of those committees.
- Commissioner Churchill removed commissioners from specific committees per their requests.
  - **Facility Sub-Committee** – Commissioner Walsh
  - **Health** – Commissioner Churchill
  - **Marketing** – Commissioners Desai & Miller
  - **Legislation** – Commissioners Desai & Miller
  - **Tri City Elder Coalition** – Remove Commissioner Churchill

## **8. NEW BUSINESS**

### **8.1 Caregiver Support Group** – Frishta Sharifi, Family Caregiver Coordinator

- Frishta Sharifi introduced herself to the Commission and gave an overview of what she does as the staff for the Family Caregiver Support Services.
- Frishta showed a PowerPoint Presentation on Caregiving and Family.
- Following the presentation, Frishta shared what is offered through the Caregiver Program in the City of Fremont.
- More detailed information on the Senior Help Line was shared.
- Frishta's presentation to the Commission was followed with a Question and Answer time.

### ***Handouts:***

*Caregiver Support Groups*  
*Caring For a Loved One*

## **9. COMMISSION REPORTS**

### **9.1 Area on Aging – Commissioner Desai**

- Commissioner Desai shared information on Medicare Open Enrollment
- Information was also shared on the Commission on Aging meeting that had taken place the same week. He shared the statistics on seniors in Alameda County (income, injuries, ages, etc).
- Commissioner Desai shared information on a multiple legislative items that were passed recently (that will impact seniors) in legislation.
- During this report, Commissioner Walsh brought up the request that she Would like to see the Commissioners work with Assemblyman Quirk's Office concerning the Alameda County Water District fee issue.

### **9.2 Facility Subcommittee – Commissioner Hobbs**

- Commissioner Hobbs reported on the Senior Facility Subcommittee meeting that was held on the previous Monday (October 12, 2015).

### **9.3 Health Issues – Commissioner Helton**

- Commissioner Helton shared a concern about the increase in Medicare Costs.
- Commissioner Helton also shared information on the increase of seniors that are over-dosing on opiates due to the increase in pain relief prescriptions.

### **9.4 Senior Legislation – Commissioner Narasimhan**

- Due to a shortage on time, Commissioner Narasimhan shared a handout concerning legislation.

## **10. COMMISSION REFERRALS**

None

## **11. STAFF REPORTS**

### **11.1 Aging and Family Services – Karen Grimsich, Administrator AFS**

- Karen thanked everyone that helped with Seniors Night Out. She reported that the event sold out and \$36,000 was raised.
- Karen shared that a temporary Systems Planner has been hired to work at the Senior Center to help get a new software program that

was purchased to help do more “on-line” processes with classes, membership, etc. up and running. Her position will also involve training staff and volunteers as needed.

- Karen shared that the interviewing process for the Senior Center Manager position will be started by interviewing 13 applicants.
- It was announced that Capitol Avenue has been officially opened and goes from Fremont Blvd to Paseo Padre.
- A farewell for Linda Olla will be held at the Senior Center on Tuesday, December 8.

#### **11.2 Senior Center – Linda Olla, Senior Center Manager**

- Linda gave a Generator Update – Plans are that it will go into place in the spring due to permitting process.
- Bathroom Phase 1 will be done mid-November. Phase 2 will be done by the end of the year.
- Wing A will have the floor refinished Monday, November 9 – Wednesday, November 11. Classes in that room will be canceled during this time.
- Linda gave a report on the Nonagenarian Lunch. It was very successful and she recommends that the Senior Center do this event again in the future.

Prior to the meeting being adjourned, the following announcements were done:

- Commissioner Churchill introduced a guest (Sally Morgan) and welcomed her to the meeting.
- Commissioner Helton shared that the Newark Senior Center is being rededicated with a new name that same day (October 16, 2015).
- Commissioner Walsh shared a Dominican Sisters publication with an article about Suzanne Shenfil.

There being no further business, the meeting was adjourned at 11:15 am.